



Back to School *To-Do List*

The shift back to school can be stressful for both students and parents alike, and you're bound to forget something! Here's a list all the things to get organised before school resumes, as well as our best organisational tips and tricks.

- Get your school shopping done early-** Don't forget to check out the best deals!
- Create a place at home for all notes,** such as excursion notifications and newsletters
- Create a communal family calendar, clearly displayed** to note important dates.
- Check that uniforms fit comfortably** and remember to see if anything is available second hand if you need new pieces! .
- Remember to add school lunch supplies to grocery lists again.**
- Check bus routes and practice.**
- Chat about bullying.** Sadly, it's bound to occur in playgrounds. Chat with your student about what to do if they're a victim, or they see someone else being bullied.
- Talk about expectations and balancing things like school, work and extracurriculars**
- Have fun!**

